



Nature Coaching Finland July 27th - Aug 2nd

YOU WILL LEARN TO:

- ✓ Trust your intuition
- ✓ Be present and aware during your interaction with nature and people
- ✓ to work with a Quest to find answers to your life's questions.
- ✓ Connect on a deep level with nature, yourself and others and thereby experiencing that everything and everyone is connected.
- ✓ to neutrally interpret the signs and symbols that nature provides when you are involved in a Quest
- ✓ Work with the messages from animal helpers/guides, the insights given by the trees and minerals/precious stones
- ✓ Work with family energy and systemic constellation

THE QUEST...

Find your answers in nature...

Do you want to experience your country in a new and different way? Experience the abundant nature like you never did before? And are you perhaps yourself looking for answers on your own life's questions? Join us from July 27th until August 2nd and attend the course Reconnect with nature!

In this course you'll come to love what is so unique in your beautiful country: the majestic and overwhelming nature and her mirror like ability to reflect your own processes. Nature herself is one of the best teachers and coaches, but only if you're willing to open up and listen to her.

You'll experience firsthand how you can start to open up and listen to nature's wisdom. You'll learn to interpret the signs and symbols nature provide through animal helpers, the trees and the lay of the land for the benefit of your own process.

The course starts with formulating your own question or defining your own personal issue. This is what we call your own Quest.

Central to the course is finding, gathering, experiencing insights and answers related to your own Quest. Sometimes you work alone and sometimes you'll help each other. Our lessons are aimed at helping you to hone your senses and your intuition so that you're more able to hear, feel and experience what nature has to offer. Besides training your senses we introduce you to a variety of tools and practices by which you can work in nature or for the benefit of clients. These are for example: working with animal spirits or animal helpers, the wisdom of the trees, systemic, family and energy constellations, meditation and visualization techniques.

Loving Nature

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Reconnect with nature and yourself

TRAINERS:

Linda Zwemer (1975) is intuitive coach and trainer. She is very intuitive and creative and always in for a good laugh. From an early age Linda felt a strong connection with nature and animals in specific. She is developing the 'Krachtdierenspel' for children (A coaching tool: 'messages from animal helpers').



Sander Wisse (1976) is intuitive coach and trainer. He is a very steady and down to earth person with a laid back nature but with a sharp eye and a strong intuition. One of his key feedbacks from clients is his huge ability to be present in the moment and to respond to that which is unfolding in the moment and in the meantime to translate exactly that to the benefit of the client. Key qualities: Intuition, clairvoyant, humor.

For whom?

- For professionals working as a coach, counselor, teacher, welfare professional
- For individuals who want to work as an aspiring coach of purely for their own benefit.

After this course you're able to work together with nature in finding your own answers and also in helping others find their answers! As a professional you can adopt this way of Nature Coaching in your work with clients. The course is also open for families and children.

Program:

The course will take place from July 27th until August 2nd. Arrival at Sunday from 15.00 hours. Departure on Saturday before 10.00 hours. Lessons are from Monday till Friday from 10.00-17.00 hours, except on Wednesday. On Wednesday we start with a hike before breakfast. The rest of the day is off. On Wednesday evening there is a special class.

Surroundings:

The property covers around 500 acres, with four buildings on it. It has woodlands, a river and pastures. A beautiful area with lots of opportunities for swimming, boating, hiking and above all relaxing! Get inspired and rejuvenated by this great place!

Location/Accommodation

Finland, Perniö at the Leipyöli farm. Including breakfast, lunch and dinner. Coffee, tea and water are freely available. You will be staying in a typical Finnish farm with cozy but simple rooms. Bedrooms are shared. There are 2, 4 or 6 person rooms. You can also bring your own tent if you want. Showers and toilets are also shared. A sauna to relax is available. Most of our lessons will be given outside in nature, but we do have space to go inside if the need arises.

Price:

€ 1050,- including VAT, accommodation and food and drinks. There is a children's program given by a Dutch teacher who's specialized in non-violent communication and works from an holistic viewpoint. The price for children aged 2-11 years is € 350,-. Children aged 12 and above cost € 450,- Please contact us if you have a child under the age of 2 years. Adults who join their partner but don't participate in the course pay € 450,- for accommodation, meals and drinks.